

Subscriptions and Payments Options Updated 17/01/21

Our payment options are as follows:

- Subscriptions by monthly Standing Order (SO)
- Pay As You Go (PAYG)
- See below for those with limited income

Below are the fees for **all sessions**, i.e. Live Stream Zoom, outside running and hall-based.

1. If you subscribe to one session per week, it can be [ANY](#) one session. If you subscribe to two sessions per week, it can be [ANY](#) two sessions etc. This means you can mix and match week by week.
2. Session length:
 - a. We now have 30 minute zoom sessions. For subscription purposes, these count as ½ sessions
 - i. This means you can attend 2 x 30 minute sessions for the 'one session' tariff.
 - b. All other sessions count as one session each.
3. If [occasionally](#), you would like to carry a session over to the following week or borrow a session from the following week, you can, e.g. if you subscribe to two sessions weekly, you could do one session one week, then 3 the next. 'Occasionally', means once each half term.
 - a. Please be respectful and inform us that you're doing this
 - b. Note this isn't always be an option for the hall-based sessions due to limited hall space.
4. Never miss a session if paying by subscription. One of each type of Live Stream Zoom session will be recorded each week. If you miss a session, you can [request a link](#) to the recording.
 - a. Contact Rachel or Sam for the link – i.e. whoever usually teaches the session.
 - b. The link is valid for 7 days from the date of recording.
 - c. It can be viewed at any time during the 7 days and for an unlimited amount of times.

Remember

- ✓ If you have lost your income or are on a very limited budget, then [contribute what you can](#). We'd still like to help keep you fit and healthy both physically and mentally.
- ✓ We would prefer to keep people 'in class' and in touch with us rather than lose contact. Many people refer to us and their fellow class members as their 'BodyFit Family'. Friends and family are more important than ever right now, so do keep joining us.

Cont...

Fee per Session	Number of Sessions per week	Total Weekly	Based on 42 Weeks per Annum	
				Adult Monthly Fee
	Remember 2 x 30 mins Zoom is one session		<p>This takes into account BodyFit Annual Holidays when sessions won't be on:</p> <ul style="list-style-type: none"> Two weeks each at Christmas Two weeks in late August One week at Easter One week at May Half Term <p>Plus the 4 remaining weeks during the summer holiday which are PAYG for everyone other than those on an unlimited subscription</p> <ul style="list-style-type: none"> ✓ A limited timetable of sessions will be on during all other school holidays not listed above. ✓ Please note: Your standing order is required to go out during the month of August because payment for 42 weeks of sessions is spread across the 12 months of the year. 	
£2.90	½ session	£2.90	£121.80	£10.15
£5.50	1	£5.50	£231.00	£19.25
£5.00	2	£10.00	£420.00	£35.00
£4.50	3	£13.50	£567.00	£47.25
Unlimited Sessions			Based on 46 Weeks per Annum	
			This takes into account BodyFit Annual Holidays when sessions won't be on.	
N/A	All Sessions Unlimited	£17.00	£732.00 includes summer holiday sessions, i.e. based on a 46 week year, rather than 42.	£65.17
N/A	Zoom Only Unlimited	£13.50	£567.00 All Zoom sessions annually. includes summer holiday sessions, i.e. based on a 46 week year, rather than 42	£50.00

Students plus other concessions by agreement:

Fee per Session	Number of Sessions per week	Total Weekly	Based on 46 weeks per Annum	Student Monthly Fee
£ 3.50	1 x 60 mins <u>or</u> 2 x 30 mins	£3.50	£161.00	£13.42
N/A	All Sessions Unlimited	£6.00	£276.00	£23.00
N/A	Zoom Only Unlimited	£5.00	£230.00	£19.17

Remember, if you've lost your income, then [contribute what you can.](#) 😊

Extra Sessions

If you'd like to attend an extra session or two which is beyond the scope of your subscription, that's no problem. Please do an additional Pay As You Go payment [before](#) the start of your additional session. See below for fees.

Cont...

How to Pay by Subscription

Please set up a monthly standing order to the account below.

1. Your payment needs to be made before your first session with us.
 - o Please cover any outstanding payments with Pay As You Go fees, thank you.
 - o See below for PAYG fees.
2. You do not need to make any 'part payments'.
 - o Your subscription will be valid from the day we start receiving your standing order. This will be confirmed by email, text or message.
 - o Your subscription will cease on the day you choose to cancel your standing order
3. Paying by monthly standing order means you can alter your subscription at any time.
 - o We would be grateful if you would let us know if you change/cancel your subscription. Thank you.
4. When we are able to resume our normal **hall-based sessions**, please note the following **additional** fee to cover hall hire fees. This will be:
 - o £2.00 per person per session
 - o Students: £1 for each session attended
 - o Please pay by bank transfer **before** attending the hall
 - o Please contact Sam to book your hall place(s) and confirm payment

BodyFit (Sam Ayers) Ltd

Sort Code: 09-01-28 Account Number: 08185241 **Note:** This is a business account.

Please use a reference, e.g. Surname, First Name

Pay-Mobile or PayM: 07805 094 701

Please make a separate payment for each subscription within your household. Thank you.

Note: A standing order is an automated method of making payments, where a person or business instructs their bank to pay another person or business a fixed amount of money at regular (fixed) intervals. The payer (i.e. you) controls the standing order; they set it up themselves, and choose the amount and frequency. The payer also controls when the standing order stops.

This means you can alter or stop the payment at any time.

Pay As You Go (PAYG)

If you prefer, you can still do PAYG at the following rates. See above for bank details.

Adult	Hall-Based Sessions	Fee
	60 minutes	£8.50
	45 minutes	£7.50
	Zoom and Running	
	45-75 mins+	£6.50
	Zoom: Short Format	
	30 minutes	£3.50
Student	Type	Fee
	30 minutes Zoom	£2.00
	All other sessions	£4.00

Many thanks for your continued support.

Sam and Rachel